

# The ImageCare Centers

## How to prepare for your test

### Mammogram

No powder, perfume or deodorant.  
Bring previous mammogram images.

### Ultrasounds

#### **Abdominal\Aorta:**

Liver, Gallbladder, Pancreas – Nothing to eat or drink 8 hours prior to test.

#### **Bladder & Pelvis:**

Drink 32 oz. non-carbonated fluid. Finish drinking 1 hour prior to appointment time. **Do not void.**

### DEXA Bone Densitometry

Avoid wearing metal on waistband. No multi-vitamins or calcium supplements, or antacids (including Roloids, Tums and generics of these), and no osteoporosis medications 24 hours before appointment.

### MRI/MRA of Brain and/or Neck

Do not wear eye makeup or jewelry. Dentures and partials may be removed prior to the exam.