

The ImageCare Centers
89 Sparta Ave.
Suite 110
Sparta, NJ 07871
973/729-0002 Option #3

Instructions for oral contrast with CT Scan:

- Place contrast in the refrigerator to get cold for better taste
- Drink ½ (one half) bottle the night prior to exam at bedtime
- Drink 1 full bottle at a slow and steady pace starting 2 hours before exam
- Bring remaining ½ bottle with you to exam to drink at the time of CT

Patients receiving oral contrast need to fast for a minimum 2 hours prior to the scan. (Oral contrast excluded)

Please drink oral contrast straight – Do not mix with other fluids.

Patients may take all of their regular medications as directed. Stay well hydrated the day prior to, and the day of the exam, unless on fluid restrictions.

Please call our office with any questions